

ID	Height	Age	Gender	Test Date / Time
081026-2 (RANA IDRIS)	174cm	35	Female	08.10.2026. 11:45

Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	33.1 (32.4~39.6)
For building muscles	Protein	(kg)	8.9 (8.6~10.6)
For strengthening bones	Minerals	(kg)	3.54 (3.00~3.66)
For storing excess energy	Body Fat Mass	(kg)	24.9 (12.7~20.4)
Sum of the above	Weight	(kg)	70.4 (54.1~73.1)

Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %		
		70.4	
SMM (kg)	70 80 90 100 110 120 130 140 150 160 170 %		
Skeletal Muscle Mass		24.6	
Body Fat Mass(kg)	40 60 80 100 160 220 280 340 400 460 520 %		
		24.9	

Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²)	10.0 15.0 18.5 21.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0		
Body Mass Index		23.3	
PBF (%)	8.0 13.0 18.0 23.0 28.0 33.0 38.0 43.0 48.0 53.0 58.0		
Percent Body Fat		35.4	

